



THE GAIA
METHOD

TERMS & CONDITIONS

Voluntary Participation

Taking part in any The Gaia Method event is completely voluntary. Any practice or exercise offered is a suggestion. It is your own free choice and responsibility to participate.

The Gaia Method will not be liable for processes that will require professional attention after the retreat.

Payments

Payments will be done by wire transfer. Details will be provided with the registration email.

Your spot in the event is reserved once we have received the non-refundable enrollment fee. This fee is in fact NON-REFUNDABLE, so make sure you're fully committed. Upon payment of the enrollment fee you'll receive an invoice. This invoice will also show the date and amount of the rest payment.

Cancellation Policy

In case of cancellation MORE than a month prior to the event we will refund the rest payment. The enrollment fee will not be refunded.

In case of cancellation LESS than one month prior to the event NO money will be refunded.

Discount Codes

Discount codes are only valid when you have previously participated in a The Gaia Method retreat.

Health Forms

In order for us to take proper care of safety during the event you are obliged to provide accurate information on the state of your physical, emotional and mental health.

In case of important information lacking, The Gaia Method nor its team members can NOT be held liable for any unwanted consequences that participation in the event has on the participant.

Travelling To & From The Event

The Gaia Method doesn't arrange transportation to and from the venue place. This will be your own responsibility.

Food & Allergies/Intolerances

Food is not included in all The Gaia Method events.

Taking allergies and intolerances into consideration depends on the capacity of the caterer of each event. In case the caterer has

the capacity to do so we will ask for diet details in our registration forms.

When the caterer is not able to provide specific individual dietary needs you'll have to bring your own food.

The Gaia Method Roles & Ethics

During our events we will:

- Create a safe space for you to explore your own individual process.
- Support you when needed.
- Help create a healthy learning environment.
- Keep track of your unfolding (therapeutic/emotional) process.
- Take care of any practical matters.
- Show live demonstrations with team members as demo models.

Team members are NOT ALLOWED to have any intimate or sexual relations with any participant during the event. This applies from the start until the end of the event. This includes any breaks and nights during the event.

This is part of our integrity and crucial to creating a safe space for deep healing to take place.

The only exception to this rule is when a team member and a participant are already partners/lovers prior to the event.

Since creating a safe space is of great importance to us, please don't hesitate to express any concerns regarding ethics,

boundaries and/or safety during the event. You can always approach any of our team members for this.

Confidentiality

Any personal information shared with The Gaia Method and the team will be regarded as confidential and will under NO circumstance be shared with any third party. This includes written information shared in forms prior to - as well as verbal information shared during - any event.

However, within the team we WILL share any information about process, trauma's and personal background that are of importance for proper care and safety.

With regards to any information shared by your fellow participants we ask you to handle that with integrity. Meaning that you will NOT share any details about other people's process, names and actions outside the event. What happens at the event, stays at the event!

We also ask of you NOT to give any advice and/or personal opinion about the process of another participant unless directly asked by that person.

Audio/Video Recordings

In general, we don't allow any mobile or electronic devices inside the workshop room. Under no circumstance will video recording by participants be allowed. In some cases, we will allow audio recording of theoretical teachings for personal use, but ONLY when given consent up front by Susanne.

Cleaning Up/Karma Yoga

The Gaia Method fully supports the concept of Karma Yoga towards the venue places we rent. This means that we give back by taking proper care of the places we are using. Practically, this means cleaning bathrooms and toilets, sweeping floors in the workshop room and helping out with dishes on a daily base. Each participant will be assigned one or more chores throughout the event.

At the end of each event we will all help clean the venue place according to the wishes of the manager(s).

Lost & Found

The Gaia Method will not take any responsibility for item(s) lost or forgotten at any event. Any found item(s) while cleaning up will be left at the venue place. You can contact the people there to possibly retrieve your item(s).

Individual Therapy Sessions

Individual therapy sessions will always be booked directly with Susanne.

Cancellation of individual sessions:

- Two days prior to the session: No cost.
- One day prior to the session: Half price of the session, unless another client can substitute on short notice.
- On the day of the session: Full price, unless another client can substitute on short notice.
- No show/No cancellation given: Full price.